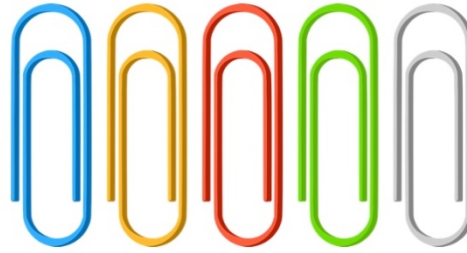




SHJO.clips



Create Listen Inspire Practice Share

Resources to keep up with your exploration and mastery of music.

CLIP #25

Absorbing more about the arts builds **musical sensitivity, depth of understanding, and imagination!**

Listen/Share:

Mindfulness Primer

Although Jaime presents this to a young age group, what relaxation methods, listening “tune-up” skills and “spidey senses” can you develop on your own? https://www.youtube.com/watch?v=uUIGKhG_Vq8

What is mindfulness? Why is this approach healthy?

Review these sources:

- <https://www.mindful.org/what-is-mindfulness/>
- <https://www.youtube.com/watch?v=JDSifNLIFFds>
- <https://www.musical-u.com/learn/about-mindfulness-for-musicians/>

Listen: **The Making of “Lord of the Rings”**

Not our arrangement, but WOW! The films’ *Symphony* fantasizes friendship, fellowship, love, hate, power, strength, good vs. evil, hope, regret, happiness, sadness... Composer Howard Shore talks about creating the original score. Can you feel the emotional contrasts and apply to our arrangement? https://www.youtube.com/watch?v=u_LAG1RQKCs

Listen/Inspire/Analyze: **How Music Works**

Here’s an intriguing series of videos on a review of *acoustics for musicians*, the laws of science, the structure of nature, and why some music sounds good and some music sounds bad. View all of his lessons and write your reflections and new “ah ha” learning in your JOURNAL! <http://www.thejazzpianosite.com/how-music-works/>

Practice/Inspire:

Hand & Arm Stretches

Do a few easy physical warmups before you play! <https://www.youtube.com/watch?v=6-jyvDNJqAc&feature=youtu.be>

Practice/Inspire:

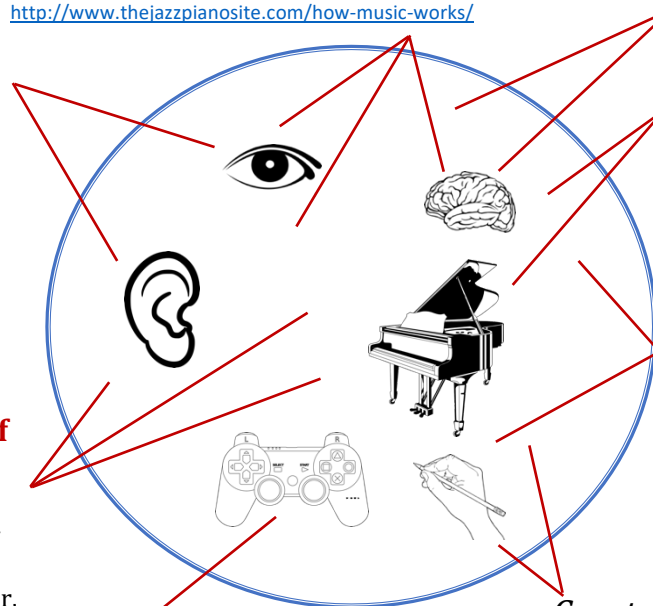
5 Mistakes to Avoid

A nine-minute tutorial for better management of your musical problem solving! <https://youtu.be/9YHQGeFIGBK>

Analyze/Inspire:

Composer’s “Canvas”

How does duration change feeling? How do composers use texture to create effects? Can paintings have tempos? <https://acomusicandart.com.au/year-1-for-students/lesson-6/>



Inspire/Share: **StringQuest III**

Very Easy Rhythm Quiz

<https://www.stringquest.com/rhythm-quiz/>

A little harder

<https://www.stringquest.com/complete-the-measure-quiz/>

Even harder – rhythm equations

<https://www.stringquest.com/rhythm-equations-quiz-true-or-false/>

Create/Inspire/Practice:

Make Your Own Scale Routine

After trying out *this* five-step plan, devise your own daily scale warmup <https://www.justinguitar.com/guitar-lessons/how-to-practice-scales-sc-102> then apply the drill to hard SHJO runs <https://www.justinguitar.com/guitar-lessons/when-not-to-learn-scales-sc-104>

#	Activity	✓	Dates/Comments/Reflections: What did you accomplish?
1a	Chrome Music Lab		
1b	Fugue in G Minor Critique		
2a	Guide to Appreciating Classical Music		
2b	MusicTechTeacher Games Set #1		
2c	Ladder of Music Achievement Part I		
3a	Compose Harmony for G Minor Fugue		
3b	WarrenMusic on theory/ear-training		
3c	Ladder of Music Achievement Part II		
3d	MusicTechTeacher Games Set #2		
4a	Dr. Tim Lautzenheiser's Message		
4b	PSO Extraordinary Measures Part I		
4c	The Wheel of Fortune Practice Spinner		
4d	More Online Music Games		
4e	Music Practice Bingo Card		
5a	On the Ear News Reporter		
5b	The Musicologist musictheory.net		
5c	Classical Music Fails		
5d	Mr. Fox's Music Bingo		
5e	Mr. Sheehan's Practice Guide		
6a	Easy Music Games classicsforkids.com		
6b	Copyright Issues - Avoiding Getting Sued		
6c	Musical Dice I		
6d	Musical Dice II		
7a	YouTube Kids Playlist		
7b	Whack-a-Note		
7c	Song Writing		
7d	Music Exploration and Reflections		
8a	Free Theory Resources		
8b	TED Talks on Music Part I		
8c	12 Strategies for Success (Secret Formula)		
9a	Rhythmic Dictations		
9b	More Fun and Games sfkids.org		
9c	TED Talks on Music Part II		
9d	Focus on Tuning		
10a	TED Talks on Music Part III		
10b	Tips from Itzhak		
10c	Ear Training Games		
10d	SHJO Rehash		
11a	Journaling		
11b	TED Talks on Music Part IV		
11c	Mr. Lampe's Playlist		
12a	Masterclasses to View/Apply to Practice		
12b	Gaming in Music zzounds.com		
12c	TED Talks on Music Part V		
12d	PSO Extraordinary Measures Part II		
13a	What's Behind the Music (Stories)		
13b	Focus on the Bow and Tone		
13c	Speedy Plan		
13d	Focus on Brass		
13e	MusicRacer		
13f	Math and Music		

#	Activity	✓	Dates/Comments/Reflections: What did you accomplish?
13g	Music Writer and Flat Free app		
14a	eBook Excerpts (a Teaser)		
14b	Stradivari's Heirs		
14c	Warming Up		
14d	Play-in-Place		
14e	Just for Fun		
14f	Courseware		
14g	Clip Journal		
15a	Bizarre Composer Facts		
15b	Tips & Excerpts		
15c	Sight-Reading		
15d	Phrase Game		
15e	Augusto's Playlist		
15f	Carnegie Hall		
15g	Analysis		
15h	Free Create		
16a	"See" the Music		
16b	Balance Pyramid		
16c	Mr. Levy's Ideas		
16d	President's Own		
16e	More Games Galore		
16f	Analysis 2		
16g	Chords for Films		
17a	Read and Thank the Marines		
17b	Teach Rock		
17c	Mr. Levy Part II		
17d	String Treasure		
17e	One Size Fits All		
17f	Easy Game		
17g	COVID-19		
17h	New Haven Symphony Orchestra		
18a	How Well Do You Know Beethoven?		
18b	Anti-COVID-19 Tech		
18c	Your Brain		
18d	Rhythm Randomizer		
18e	DIY Instruments		
18f	Name That Tune!		
18g	Beethoven Rocks		
18h	Beethoven Trivia		
19a	School Band Orchestra Magazine		
19b	How It's Made		
19c	Speed Demon		
19d	Games for Learning Music		
19e	Easy Games II+		
19f	Apps 4 U!		
19g	New Haven Symphony Part II		
20a	Vancouver Symphony		
20b	Anzac Violin		
20c	Conducting 101		
20d	New Rhythms		
20e	Buckets?		
20f	Secret Chicken		
20g	Write a Disney Revue		
20h	STOMP Out Loud		

